

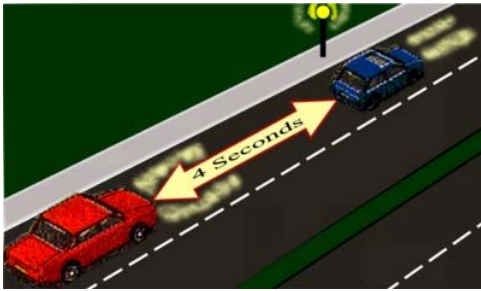


Night Driving Safety
No. 3 in the 'BIAM Six Pack' Series of Guidance Notes

The four cardinal Night Driving Rules

- 1 **Clean all windows** inside and out. Use wipers and washers to keep them clean during the drive. Clean windows **reduce reflected glare**.
- 2 Always drive **within** the **limits** of your lights and obtain early warning from the lights of others.
- 3 **Familiarise** yourself **with all the controls** in the dark. Keep interior lights to a minimum.
- 4 **Reduce speed** when dazzled and look towards the nearside kerb. You may flash a warning to an offending driver but **do not retaliate**.

Safe following distance at night



The normal two (2) second rule for safe following distance in daytime, dry road conditions needs to be increased to four (4) seconds for night driving and adverse road conditions

At night, it is far more safe and advantageous to keep at the correct (increased) distance from the vehicle in front; in so doing drivers will be able to:

- a **maintain a good view**, which can be increased along the nearside or offside by a very slight adjustment, so that they are always aware of what is happening in the immediate vicinity.
- b **stop their vehicle safely** in the event of the preceding driver braking suddenly without warning.
- c **extend braking** so that a following driver is given more time in which to react.
- d **when safe, move up into a good overtaking position** with maximum visibility and the scope to manoeuvre.

This guidance is adapted from the
Bermuda Institute of Advanced Motorists Advanced/Defensive Driving Course Manual
by Roger Kendall (Price: \$25.00)

Copies are available from local bookstores or by mail order by contacting the BIAM Secretary via the BIAM website www.biam.bm or BIAM Secretary, PO BOX 1837, Hamilton, HM AX (please send a cheque for \$27.50 (includes P&P) made payable to Bermuda Institute of Advanced Motorists).